



FACULTY PROFILE



NAME : Ms. Vaishnavi Saravanaprasad

QUALIFICATION : MA (Clinical Psychology)

EMAIL ID : vaishnavisaravanaprasad@kbpcollegevashi.edu.in

DEPARTMENT : Psychology

DESIGNATION : Assistant Professor

EXPERIENCE(Yrs.) : 2.5 years

SPECIALIZATION : Clinical Psychology

PUBLICATIONS :

Books Publications- NA

Research Publications in Journals:

Title: Correlational study of parenting style, aggression and self-esteem in young adults.

Name of the journal: International Journal of Indian Psychology (IJIP)

Edition: Vol 9, Issue 4, October-December, 2021

DIP: 18.01.133.20210904



FACULTY PROFILE

Papers Published in conference proceedings-NA

PAPERS PRESENTED:

Research Papers presented in international conferences- NA

Research Papers presented in national conferences- NA

CONFERENCES/SEMINARS/WORKSHOPS ATTENDED:

- Certificate in Cognitive Behavioural Therapy from Vidula Psychological Consultancy
- Certificate in Rorschach Ink Blot test Exner System conducted by Dr.Dwarka Pershad Organised by PsychoWaves Advance Psychological Services.
- Certificate in TAT (Thematic Apperception Test) & CAT (Children Apperception Test) conducted by Dr.Sudipta Roy Organised by PsychoWaves Advance Psychological Services
- Certificate in DBT (Dialectic Behavioural Therapy) conducted by Dr.Krishanan Gireesh Organized by PsychoWaves Advance Psychological Services.

ACTIVITIES ORGANIZED:

- Headed Celebrity Management & Conceptual Committee during “Ray- A journey through the lens” media festival at Bhavan’s College, Andheri (w).
- Volunteer in counselling camp conducted by the Department of Psychology at Modern College in 2019.
- Co-organiser for events at Psychology week in Bhavan’s College.
- Co-organiser at Ray – A journey through the lens, Media festival in



FACULTY PROFILE

Bhavan's College.

- Volunteer at National seminar of conservation of trees 2016 & forests & climate change 2017.
- Volunteer at WDC (Women's Development Cell) in Bhavan's College.
- Attended workshops on art of story-telling, graphology, power within you by Story Mirror Youth Conclave.

FDP/TRAINING COURSES COMPLETED:

- Cognitive Behavioural Therapy from Udemy.com
- Teacher training certificate on educational remedies for Intellectually Challenged (LD) from V.B.Indian Society for Mentally Challenged in affiliation with D.Y.Patil University.
- Career Counselling from Vriksh Academy
- Certificate in REBT (Rational Emotive Behaviour Therapy) from Spandan Counselling Centre
- Certificate for completing 4-week Induction/ Orientation Programme for Faculty in Universities/ Colleges/Institutes of higher education from Ramanujan College, University of Delhi.
- Certificate for completing FDP Course on Tool- Construction.
- Certificate for completing FDP Course on "Quality Enhancement & Assessment- way ahead" from 16th-20th June 2021, organized by Internal Quality Assurance Cell under the aegis of RUSA.

RESEARCH PROJECTS:



FACULTY PROFILE

- Correlational study of parenting style, aggression and self-esteem in young adults.

MEMBERSHIPS/AFFILIATIONS:

- Member of Board of studies for Dept. of Psychology.

AWARDS AND ACHIEVEMENTS:

- 1st rank holder in B.A History & Psychology at Bhavan's College, Affiliated to the Mumbai University (Total number of students in the Department – 150)
- 1st rank holder in M.A Clinical Psychology at Modern College, Pune, affiliated to the Savitribhai Phule Pune University (SPPU) (Total number of students in the Department – 60)
- Best presenter Certificate for Bipolar disorder in the Psychology Dept of Bhavan's College
- Poster making certificate in History department of Bhavan's College

ANY OTHER DETAILS: